



What is a Carer Ambassador?

Carer
Ambassador



Carer Ambassadors are professionals who have a passion for improving pathways and services for unpaid Carers and loved ones.

To promote the role of the unpaid Carer throughout the workplace and in communities to ensure colleagues are upskilled and recognise the importance of an unpaid carer.

There are many ways you can help:

- Attend meetings and events to represent the views of carers
- Help us to identify carers at an early stage in their caring journey
- Get involved with educating communities, organisations and businesses on the role of a carer and assisting with our carer awareness training
- Help us to recruit more Carer Ambassadors
- Attend and/or arrange community events and awareness-raising events for carers for such as Carers' Week or Carers Rights Day
- Assist us to improve services for carers
- Encourage carers to share their knowledge with others, by writing articles for the website or newsletter or by helping with the content of training courses
- And much more!

Carer Ambassadors are supported by Teesside Mind and have access to wider Carer services.

Carer Ambassadors need to be well-informed, and part of the role is to take personal responsibility for ensuring this, for example by reading, attending training and requesting relevant information.

Benefits:

- The satisfaction of knowing you are having a positive impact on the work of unpaid Carers
- The opportunity to develop new and existing skills, valuable experience and knowledge of the unpaid Caring role and rights
- A chance to meet like-minded individuals and be part of a close network of ambassadors
- Training, resources, and ongoing support
- Regular updates about Carers work, campaigns, and events
- Receive a carers ambassador pin badge
- Support your workplace become Carer Friendly
- Supported by a dedicated contact at Teesside Mind: They will take you through every step of the process to become a Carer Ambassador, be on hand to with you provide any information or other support you may need



Interested?

If this sounds interesting to you, we would love to meet you to discuss the various roles carried out by Carer Ambassadors and how you could help us to help others.

Get in touch:

Please contact our Primary Care Coordinator
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Registered charity number: 1118098

